

## Nehemiah Teams 2024

### Equatorial Evangelism

### Packing List



#### Clothing

- 3 pairs of pants, joggers, lightweight are recommended, 1 pair black pants recommended
- 1 pair of shorts for house. Also maybe sports wear.
- 1-2 t-shirts (not for daily wear/just for around the house/sports)
- 2 collared shirts (guys) (Button downs or golf shirts are fine)
- 1 casual dressy outfit for church (for guys=black pants)
- Sufficient underwear
- Couple pairs of socks (you'll wear sandals mostly)
- Sleep clothes
- Modest swimsuit or t-shirt/shorts for swimming (Guys, too)
- Flip-flops or comfortable easy on/off shoes sandals
- 1 pair closed-toed shoes for church
- Optional\*- tennis shoes if you'd like to exercise or plan on doing sports ministry.

\* Americans like to dress for comfort. Looking respectable is important to Indonesians and they will treat you like you dress.

#### Personal Toiletries and Basic First Aid

- Prescription medicines
- Sunscreen (you're on the equator and will need it daily!)
- Small bottle Tylenol
- Towel(s) (bath/hand/washcloth) – could purchase an extra here
- Deodorant (only roll-on available in country)
- Toothpaste, shampoo, conditioner, soap, lotions can be purchased here. (If you prefer a certain brand, you may choose to bring enough for the summer)

\* We will help you find places to replenish or purchase these necessities when you arrive.

#### Other items

- Bible/journal
- Camera (you are tourists)
- Alarm clock
- Pictures of family/friends to show
- "oleh-oleh" - these are small gifts to give away. People will be very touched and feel loved with just a small **inexpensive** gift. Candy that doesn't melt, key chains, memorabilia like a ball cap from your school/city etc are enough. A t-shirt from your state or university or a small Christian gift will be a nice gesture to give to the national partners/translators you will work with.
- Personal water bottle (you MUST stay hydrated)
- Small flashlight or headlamp for if power goes out

#### Orientation/debrief items (IN ALABAMA)

- Bedding during orientation/debrief: self-inflating sleeping pad or foam pad, sheet, small pillow (no electricity on site for blowing up air mattresses)

- Outdoor bathing stations: all students will need dark colored shirts and shorts to wear while bathing (flip-flops recommended.)
- towel for bathing.
- Personal water bottle (recommended 1qt capacity)
- Headlamp/flashlight
- Watch w/ alarm or battery-operated alarm clock
- Rain jacket/poncho or umbrella
- Handheld mirror
- Mosquito repellent w/ DEET
- Toilet paper (2 rolls) or disposable wipes

#### **Carry on & Checked Baggage**

- Be sure to pack what you would need to survive for a few days in your carry on in case your luggage is delayed.
- Nehemiah teams will issue a backpack/duffle bag to use as your checked piece of luggage. The size of the bag is 4300 cubic inches or 70 liters. The cost for using this bag is included in your field expense. Upon arrival at orientation you will re-pack your belongings into this bag. There will be a place to leave your bag over the summer. If you can't get it all in that... then you've got too much! Laundry facilities will be available near your housing and handwashing is another option.
- Leave extra room in your bag for souvenirs.

#### **Important Documents and Money**

- passport, credit card, ATM card, VISA, shopping money. ATMs are easily accessible. Check with your bank about possible fees. It may be better to bring all cash (if cash, bring crisp \$100 bills.. larger bill=better exchange rate) with you instead of paying fees. (Let your bank know you will be traveling internationally to avoid any problems on the field.) (We use Schwab and there are no fees to access our money)
- You will pay for a 30 day tourist visa that you can apply for BEFORE you come, but AFTER ticket purchase. This will be extended once in-country for an additional fee.
- Additional photo ID other than passport (Student ID/Drivers license). Make a photocopy of your passport and put it in your checked baggage.

#### **Food Stuff:**

- New foods and tastes await you! Depending on your stomach, you may need some time to adjust and could bring a few granola bars, etc, to hold you over.
- Only bring what you can't live without. Indonesia is full of culinary delights and food is available at all times of day. If you have specific questions, don't hesitate to ask.

Most importantly, bring a teachable, servant spirit. Be flexible! Do not leave this in America. Other temporary items are available here if you forget something, but your attitude is the most important. (Philippians 2:5)