



# BUILDING a prayer support

How do you build a prayer support? ASK FOR IT.

Remember **requesting your brothers and sisters' prayers is inviting them to be apart of your ministry**. Missions is a work of the Body of Christ, and prayer is vital to its completion!

Below are a few ideas to help you build your own prayer support. You can use all, none, or even just tweak one and make it your own; **the point is make sure you leave this summer with people who have made the commitment to be in prayer on the behalf of you and your team's ministry.**

**Knowing How To Pray.** Ask your field supervisor for specific ways to pray for the people you will be sharing with; what are their religious beliefs? What are their distractions from the understanding the truth of God? Are there any religious holidays that will be taking place while you are there?

**Mobilizing for Prayer.** A month or so before your departure ask Sunday school teachers for five minutes of their class time. Explain that you are going on summer missions and that you would appreciate their prayers. In your talk make sure you include:

- What your specific team will be doing and how they will be sharing the Gospel
- Blog or information on how to receive an email update
- Prayer requests specific for the people and culture you will be working with, show pics if you have them
- Departure and return dates. (Make sure to send a thank you note to them for their support upon your return.)

If you can go to a wide range of classes, from elementary classes to Senior adults that is great.

**Remember this is an invitation to ministering with you, you never know the fire you might start in someone's life simply by asking them for prayer.**

**Prayer Card.** Be creative and make your own. Or print off a wallet sized picture of yourself. The point is, **to give something that reminds people to pray for you.** A 4x6 NT prayer card template can be downloaded from the resource page under [PRAYER](#). Add your own picture, and/or find pictures from your place of service on the NT FLICKR account and print it out. (You will need some sort of photo editing software such as [Gimp](#) or Photoshop.)

**Updating Home.** Email updates or blog? If your team will have access to internet the preference is up to you. Ask your team supervisor his/her preference and make sure you are aware of security issues.

**Prayer Calendar.** If you know before hand that there will be no internet, ask your field supervisor for ways of how you should ask for supporters to be praying. Date prayer requests so that they praying over different requests for the length of your service time. You can make your own using the NT logo and artwork that can be found on the resource page of the website.